



SCOHA will continue to put the Health and Safety of our Players and the community first and foremost above all else. The following is a return to play road map that can be followed once the facilities re-open and it is safe to return to play in a format similar to the one we have now that will accommodate a 14 player roster. We do understand that additional safety precautions and amendments to rules may be required and we will abide by all government laws. If there are only options available with less than a 14 player roster we will address at that time with our membership.

The Executive is meeting by Zoom conference to keep up to changing information.

Plan to Play.

- If it is not deemed safe to play before August 1st, 2020 we will decide at that time if the 2019-2020 season can be completed or if we will commence with the 2020-2021 season when it is safe to return.

- 1. If the 2019-20 season is not completed unused funds slated for ice time etc. will be used to offset 2020-21 registrations.

- 2. Registration rates will be set once our allowed schedule for 2020-21 is available and should not exceed posted registration rates unless costs are increased due to increased safety requirements. It will most likely be a lower cost due to a shortened season.

3. An early payment discount will be determined along with a new deadline once rates and start times are established

As of today, we have players that have registered and are going to return to play next season-

Junior	14 signed up / 84 is full
Intermediate	46 signed up / 84 is full
Masters	92 signed up / 112 is full

AGM is on hold till we can arrange a meeting of 50 people.

- We don't know if the season will start in September? December? or until 2021?
All in the government's hands.

- No Cheques received will be cashed.

- Next season's registration cost cannot be set until we have a start date and know the allotted number of games.

- There will be \$100.00 discount if you play in 2 divisions (Int. / Masters in the Junior Division)

- If the season is canceled we will arrange for sweaters to be returned to the League.

- As of this upcoming season, **NO PLAYER** will be allowed on the ice without payment first.

Stay Safe, SCOHA Executive

Letter from CARHA (our insurance provider)



Recommendations for Resuming the Sport of Adult Recreational Hockey

**CARHA HOCKEY HAS CREATED THE FOLLOWING SET OF RECOMMENDATIONS TO
BE
CONSIDERED WHEN IT HAS BEEN DEEMED SAFE TO RESUME ADULT RECREATIONAL
HOCKEY ACTIVITIES**

Public Health Regulations:

- All applicable federal, provincial and municipal laws must be adhered to, including any and all regulations from applicable public health authorities
- League and event coordinators are advised to review their local ice and facility contracts to ensure they understand all regulations and requirements for use of public and/or private facilities

Personal Protection

- Players/Coaches/Participants are advised to not attend if they are ill, or they show any signs or have been around someone who is ill
- If a player is or has been ill, or is showing any symptoms of being ill from being around someone who is ill, they should self-quarantine and not return to play for a minimum of 14 days
- The use of a full facial visor is recommended for all players except goaltenders
- The use of individual antibacterial hand sanitizer is recommended before and after games

- Players/Coaches/Participants should avoid touching their eyes, nose or mouth
- Players/Coaches/Participants must cover their mouth and nose with a tissue or into your elbow when coughing or sneezing
- Players/Coaches/Participants are to be mindful and abstain from spitting
- Players/Coaches/Participants should wash their hands frequently and before and after each game or practice

Arrival/Departure at the Arena

- Players/Coaches/Participants should arrive no more than fifteen (15) minutes before any scheduled ice-time
- Players/Coaches/Participants should leave the facility as soon as possible after completion of hockey related activities
- Players should not use shower facilities and be mindful of limiting skin contact in the dressing room
- Players/Coaches/Participants should not congregate in dressing rooms, parking areas, or public areas before or after hockey related activities

Physical Distancing During the Game

- Players/Coaches/Participants shall limit all physical contact outside the normal parameters of adult recreational hockey (i.e. there shall be no handshakes or high fives)
- Players/Coaches/Participants must use individual water bottles – the sharing of water bottles is prohibited
- It is recommended that teams forego having coaches or non-players on the bench or in the dressing room, unless required by applicable law
- It is recommended that only Players/Coaches/Participants attend the facility
- It is recommended that a no spectator policy is implemented (including children, spouses and general public)
- If spectators do attend, they shall adhere to the principle of physical and social distancing

- Players/Coaches/Participants shall not huddle or conference in close quarters before, during or after the game/practice
- All garbage must be collected and removed from the bench and from the dressing room by each team after use

PLEASE NOTE THAT THESE RECOMMENDATIONS ARE A GUIDELINE ONLY AND SHOULD NOT BE CONSIDERED AN EXHAUSTIVE LIST OF THE RISKS AND PRECAUTIONS ASSOCIATED WITH THE RETURN TO ADULT RECREATIONAL HOCKEY.

THESE RECOMMENDATIONS ARE FOR INFORMATION PURPOSES ONLY AND DO NOT CONSTITUTE HEALTH OR LEGAL ADVICE. AT ALL TIMES IT IS THE PLAYERS/COACHES/PARTICIPANTS RESPONSIBILITY TO ASSESS AND MANAGE THE RISK ASSOCIATED WITH THE RETURN TO HOCKEY AND HOCKEY RELATED ACTIVITIES.

THESE GUIDELINES DO NOT REPLACE OR OVERRULE ANY NATIONAL, PROVINCIAL, TERRITORIAL, MUNICIPAL, OR ANY OTHER APPLICABLE PUBLIC HEALTH LAWS OR REGULATIONS. CARHA SHALL NOT BE RESPONSIBLE FOR ANY LOSSES, CLAIMS OR DAMAGES RELATING TO COVID-19 ARISING UPON THE RETURN TO ADULT RECREATIONAL HOCKEY.